

## Suggested Kit:

We'll provide all the specialist equipment for going on the water including a spray jacket. Make sure that your child is dressed appropriately for the weather, you might want to consider the following:

- Shorts or trousers
- T-shirt or fleece
- Waterproofs
- Wetsuit (strongly advised for paddleboarding)
- Trainers or water shoes
- Sun cream

Clothing should be light and shoes appropriate for walking down to the river in. Jeans get heavy when wet and crocs/ flip flops tend to float away so should be avoided.

Please help us by making sure that your child comes ready to go on the water. They will also need a towel and a full change of clothes (incl. shoes) for after their session.

## How to Find Us:

From Yarm Road turn onto Butts Lane and continue to the School/Church. Park here and walk to the meeting point on the village green (TS16 9DG).

If you wish to stay and watch you **MUST** stay for the full duration of the session.

Depending upon traffic conditions it can take up to 20 minutes extra to get through Yarm High Street.

